

REAL RUNNERS LTD IN ASSOCIATION WITH REAL RUNNERS EVENTS ARE PROUD TO PRESENT

# REAL RUNNERS NONSUCH 5K

## INCLUDING 1200M FUN RUN

### THURSDAY 22<sup>ND</sup> JULY 2010



**START TIME: 7PM 1200M FUN RUN, 7.30PM 5KM RACE**  
**NONSUCH PARK, CHEAM ROAD, ENTER BY CHEAM ROAD GATE**

**RACE HQ: SITUATED OPPOSITE CHEAM ROAD GATE CAR PARK, NONSUCH PK.**  
**REGISTRATION FROM 6PM. PLEASE ARRIVE BY 6.50PM LATEST FOR 1200M FUN RUN**  
**AND 7.15PM LATEST FOR 5KM. FOR COURSE SEE WEBSITE.**

**FACILITIES: WATER STATION WITH WATER, AND TOILETS. THE ORGANISERS CANNOT**  
**ACCEPT RESPONSIBILITY FOR SECURITY AND ADVISE THAT COMPETITORS DO NOT**  
**LEAVE VALUABLES IN THEIR BAGS. FREE PARKING IN CAR PARK**

**AWARDS: TROPHIES TO FIRST THREE MEN AND WOMEN. MEDALS TO ALL CHILDREN**  
**PARTICIPATING IN JUNIOR RUN. ORGANISED BY REAL RUNNERS LTD IN CONJUNCTION**  
**WITH REAL RUNNERS EVENTS.**

✂.....**INFORMATION IN CAPITALS PLEASE**.....

ENTRY FORM: RR NONSUCH 5K & 1200M FUN RUN. DATE: 22<sup>nd</sup> JULY 10. Entry Fee: £5 for 5km - Min age 13 years, £2.50 for 1200m FUN RUN. Parental consent required for entrants under age 16

SURNAME..... FIRST NAME .....

ADDRESS..... MALE/FEMALE .....

DATE of BIRTH..... AGE ..... CLUB.....

EMAIL ..... RACE NUMBER.....

I attest that I am physically fit and sufficiently trained for the completion of the above event. I waive and release the Real Runners Limited and its associates and their representatives for any and all injuries suffered by me in the event and its surrounding area

SIGNATURE ..... DATE .....

Data Protection: we will not pass your details onto any 3rd parties, if you do not wish to be on our email list please tick